

# Rhythm Practice 1

## Quarter Notes and Quarter Rests

## Half Notes and Half Rests

## Whole Notes and Whole Rests

DIRECTIONS: Write what you would say under each measure

Tim Ostrow

**A** Quarter notes and quarter rests, each receives one beat.

A musical staff in common time (C) containing four measures. The first measure has four quarter notes (C4, D4, E4, F4). The second measure has four quarter rests. The third measure has a quarter note (C4), a quarter rest, a quarter note (D4), and a quarter rest. The fourth measure has a quarter rest, a quarter note (C4), a quarter rest, and a quarter note (D4).

5

A musical staff in common time (C) containing four measures. The first measure has a quarter note (C4), a quarter rest, a quarter rest, and a quarter note (D4). The second measure has a quarter rest, a quarter note (C4), a quarter note (D4), and a quarter rest. The third measure has a quarter note (C4), a quarter note (D4), a quarter note (E4), and a quarter rest. The fourth measure has a quarter rest, a quarter note (C4), a quarter note (D4), and a quarter note (E4).

9

A musical staff in common time (C) containing four measures. The first measure has a quarter note (C4), a quarter rest, a quarter rest, and a quarter rest. The second measure has a quarter rest, a quarter rest, a quarter rest, and a quarter note (D4). The third measure has a quarter rest, a quarter note (C4), a quarter rest, and a quarter rest. The fourth measure has a quarter rest, a quarter rest, a quarter note (D4), and a quarter rest.

**B** Half notes and half rests, each receives two beats.

A musical staff in common time (C) containing four measures. The first measure has two half notes (C4, D4). The second measure has two half rests. The third measure has a half note (C4) and a half rest. The fourth measure has a half rest and a half note (D4).

**C** Whole notes and whole rests, each receives four beats

**D** Combinations

A musical staff in common time (C) containing five measures. The first measure has a whole note (C4). The second measure has a whole rest. The third measure has two whole notes (C4, D4). The fourth measure has two whole notes (D4, E4). The fifth measure has two whole notes (E4, F4).

22

A musical staff in common time (C) containing five measures. The first measure has a whole rest, a whole note (C4), and a whole note (D4). The second measure has a whole note (D4), a whole note (E4), and a whole rest. The third measure has a whole note (E4), a whole rest, and a whole note (D4). The fourth measure has a whole note (D4), a whole rest, and a whole note (C4). The fifth measure has a whole rest, a whole note (C4), and a whole note (D4).

27

A musical staff in common time (C) containing four measures. The first measure has a whole note (C4), a whole note (D4), and a whole rest. The second measure has a whole rest, a whole note (D4), and a whole note (E4). The third measure has a whole note (E4), a whole rest, and a whole note (D4). The fourth measure has a whole rest, a whole note (D4), and a whole rest.

31

A musical staff in common time (C) containing four measures. The first measure has a whole note (C4), a whole rest, and a whole rest. The second measure has a whole rest, a whole rest, and a whole note (D4). The third measure has a whole note (D4), a whole rest, and a whole rest. The fourth measure has a whole rest, a whole note (C4), and a whole note (D4). The staff ends with a double bar line.

# Rhythm Practice 2

## Dotted Half Notes

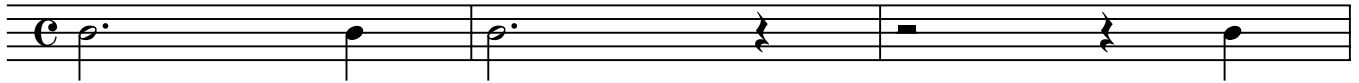
### The 3/4 Time Signature

#### and Ties

DIRECTIONS: Write what you would say under each measure

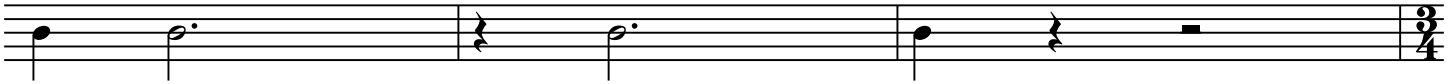
Tim Ostrow

A Dotted Half notes receive 3 beats



\_\_\_\_\_

4



\_\_\_\_\_

B 3/4 Time means there are 3 beats in every measure and the quarter note receives the beat



\_\_\_\_\_

13



\_\_\_\_\_

C Ties connect notes within measures

and connect notes through bar lines (across measures)



\_\_\_\_\_

21



\_\_\_\_\_

27



\_\_\_\_\_

D Careful...look at the time signature!



\_\_\_\_\_

# Rhythm Practice 3

## Eighth Notes and Eighth Note Rests

DIRECTIONS: Write what you would say under each measure

Tim Ostrow

A Eighth notes receive 1/2 of a beat (1/2 of a quarter note)



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You must keep your tongue "light"

5 B Increase the tempo here and try it



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10



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14



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18



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The eighth note rest receives 1/2 a beat of silence

22 C Playing on the beat



-----

RP3

27 **D** Playing off the beat

Musical notation for exercise 27, titled "Playing off the beat". It consists of a single staff with four measures. The first measure contains a quarter note followed by a quarter rest, then a quarter note, a quarter rest, and another quarter note. The second measure contains a quarter note, a quarter rest, a quarter note, and a half note. The third measure contains a quarter note, a quarter rest, a quarter note, and a half note. The fourth measure contains a quarter note, a quarter rest, a quarter note, and a half note. Below the staff is a dashed line.

32 **E** Tricky- on and off the beat  
Practice this slower, then increase the tempo

Musical notation for exercise 32, titled "Tricky- on and off the beat". It consists of a single staff with four measures. The first measure contains a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest. The second measure contains a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest. The third measure contains a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest. The fourth measure contains a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest. Below the staff is a dashed line.

35

Musical notation for exercise 35. It consists of a single staff with four measures. The first measure contains a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest. The second measure contains a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest. The third measure contains a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest. The fourth measure contains a quarter note, a quarter rest, a quarter note, a quarter rest, a quarter note, and a quarter rest. Below the staff is a dashed line.

39 **F** Almost there!

Musical notation for exercise 39, titled "Almost there!". It consists of a single staff with four measures. The first measure contains a half note, a quarter rest, and a quarter note. The second measure contains a half note, a quarter rest, and a quarter note. The third measure contains a quarter note, a quarter rest, and a half note. The fourth measure contains a quarter note, a quarter rest, and a half note. The staff ends with a double bar line. Below the staff is a dashed line.

# Rhythm Practice 4

## Dotted Quarter Note Rhythms

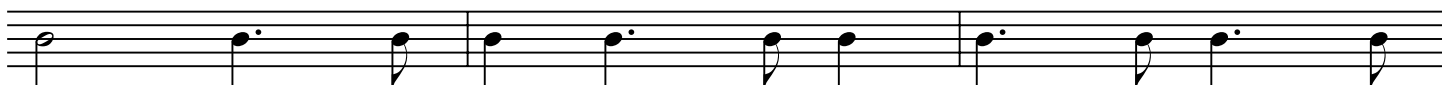
DIRECTIONS: Write what you would say under each measure

Tim Ostrow

A How many quarter notes are in a dotted quarter note? ...Eighth notes?



4



7 B Off-beat examples



11 C The dotted quarter note rest (*RARE*)



14



17 D Time Change



21



25 E Counting across bar lines



# Rhythm Practice 5

## Eighths, Quarters, and Halves

### Syncopation: accenting off-beats

DIRECTIONS: Write what you would say under each measure

Tim Ostrow

A



5 B



7 C



9 D



13 E



17 F



20 G



23 H



# Rhythm Practice 6

## Sixteenths and Dotted Eighth Notes

DIRECTIONS: Write what you would say under each measure

Tim Ostrow

**A** Sixteenth notes, 4 in every one beat



**B** One Measure combinations



7



**C** Use a light tongue "Articulation"



**D** Can you count when it's syncopated?



**E** New rhythm



21 **F** New rhythm. Same idea, but *backwards*.



26 **G** One measure combo's again, but *harder*...



28



31 **H** Dotted eighth note



35 **I** One measure combo's, but *really* hard.



39



42 **J** Ties, sixteenths, and dotted eighth notes



44





# Rhythm Practice 7

## Eighth Note and Quarter Note Triplets

DIRECTIONS: Write what you would say under each measure

Tim Ostrow

**A** Eighth Note Triplet  
3 in the space of 1 beat

\_\_\_\_\_

3

\_\_\_\_\_

**B** Groupings of 2 and 3 per beat  
2 vs. 3

\_\_\_\_\_

**C** A bit harder  
Don't forget sixteenths!

\_\_\_\_\_

12

\_\_\_\_\_

**D** Same as rehearsal letter C, but backwards

\_\_\_\_\_

17

A musical staff containing a sequence of eighth note triplets. The first two measures each contain two groups of three eighth notes, with a '3' below each group. The next two measures each contain two groups of three eighth notes, with a '3' below each group. The final two measures each contain two groups of three eighth notes, with a '3' below each group.

20 **E** Mixture

A musical staff containing a sequence of eighth note triplets. The first two measures each contain two groups of three eighth notes, with a '3' below each group. The next two measures each contain two groups of three eighth notes, with a '3' below each group. The final two measures each contain two groups of three eighth notes, with a '3' below each group.

23

A musical staff containing a sequence of eighth note triplets. The first two measures each contain two groups of three eighth notes, with a '3' below each group. The next two measures each contain two groups of three eighth notes, with a '3' below each group. The final two measures each contain two groups of three eighth notes, with a '3' below each group.

25 **F** Quarter Note Triplet  
3 in the space of 2

A musical staff containing a sequence of quarter note triplets. The first two measures each contain two groups of three quarter notes, with a '3' below each group. The next two measures each contain two groups of three quarter notes, with a '3' below each group. The final two measures each contain two groups of three quarter notes, with a '3' below each group.

28

A musical staff containing a sequence of quarter note triplets. The first two measures each contain two groups of three quarter notes, with a '3' below each group. The next two measures each contain two groups of three quarter notes, with a '3' below each group. The final two measures each contain two groups of three quarter notes, with a '3' below each group.

32 **G** That's just crazy...

A musical staff containing a sequence of eighth note triplets. The first two measures each contain two groups of three eighth notes, with a '3' below each group. The next two measures each contain two groups of three eighth notes, with a '3' below each group. The final two measures each contain two groups of three eighth notes, with a '3' below each group.

36

A musical staff containing a sequence of quarter note triplets. The first two measures each contain two groups of three quarter notes, with a '3' below each group. The next two measures each contain two groups of three quarter notes, with a '3' below each group. The final two measures each contain two groups of three quarter notes, with a '3' below each group.

# Rhythm Practice 8

## Reading 3/8, 6/8, 9/8, 12/8 Time Signatures

DIRECTIONS: Write what you would say under each measure

Top number = (6) Number of beats in a measure  
 Bottom number (8) = Eighth note receives the beat

Tim Ostrow

**A** 3/8 Time  
 Count in three, then **count in 1**

In Three: 1 2 3 1 r r — — — — —  
 In One: 1 la le 1 r r — — — — —

5

1 2 3 4 5 6 7 8 9 10 11 12

**B** 6/8 Time (Most Common) **Count in 6**

1 2 3 4 5 6 7 8 9 10 11 12

**C** Tricky

1 2 3 4 5 6 7 8 9 10 11 12

**D** **Count in 2**

1 le 2 le — — — — —

**E** Same thing, but backwards

1 2 3 4 5 6 7 8 9 10 11 12

**F** On the beat


1 2 3 4 5 6 7 8 9 10 11 12

**G** Combinations

1 2 3 4 5 6 7 8 9 10 11 12

31


1 2 3 4 5 6 7 8 9 10 11 12

35  9/8 Time. **Count in 9**

37

39  **Count in 3**

1      2      3      \_ \_ \_ \_ \_


43  **Difficult**

1 la le 2 le 3 le      \_ \_ \_ \_ \_

46  12/8 Time. **Count in 12**

48

50  **Count in 4**

54  **A bit harder**

56